

Back to School *To-Do List*



The shift back to school can be stressful for both students and parents alike, and you're bound to forget something! Here's a list all the things to get organised before school resumes, as well as our best organisational tips and tricks.

- ☐ **Get your school shopping done early-** Don't forget to check out the best deals!
- ☐ **Create a place at home for all notes,** such as excursion notifications and newsletters
- ☐ **Create a communal family calendar, clearly displayed** to note important dates.
- ☐ **Check that uniforms fit comfortably** and remember to see if anything is available second hand if you need new pieces! .
- ☐ **Remember to add school lunch supplies to grocery lists again.**
- ☐ **Check bus routes and practice.**
- ☐ **Chat about bullying.** Sadly, it's bound to occur in playgrounds. Chat with your student about what to do if they're a victim, or they see someone else being bullied.
- ☐ **Talk about expectations and balancing things like school, work and extracurriculars**
- ☐ **Have fun!**

